



3601 Romans Road
Carson City, Nevada 89705
775-267-1921
www.slhs.com

This agenda belongs to:

MISSION STATEMENT

Sierra Lutheran High School is a Christ-centered secondary school that is directed by the Word of God, offers a broad based, innovative college preparatory curriculum; challenges students to use their God-given gifts and talents and expects teenagers to become productive, literate and faithful citizens.

PHILOSOPHY

Sierra Lutheran High School is a Christ-centered educational community That intentionally influences students in the development of biblical values, selectively provides a balanced, challenging college preparatory curriculum; enthusiastically encourages active co-curricular participation; actively promotes a compassionate and caring environment . . . where all may discover their full potential as Christ's disciples.

POLICY OF NON-DISCRIMINATION

Sierra Lutheran High School admits students of any race, color, nationality or ethnic origin to all the rights, privileges, programs and activities of the school. It does not discriminate in the administration of its educational policies, admission policies, tuition assistance programs, athletic or other school administered programs.

EXEMPT STATUS

Sierra Lutheran High School "is operated as an exempt school under the provision of NRS 394.211 and as such is exempt from the provisions of the Private elementary and Secondary Education Authorization Act." Our curriculum, exclusive of religious instruction , provides equivalent instruction of the kind and amount approved by the State Board of Education (NRS 392.070, 394.125, 394.130, NAC 389 Standards).

PURPOSE STATEMENT

"Preparing students for today, tomorrow and ETERNITY!"

Dear Member of our SLHS Family,

Welcome to the 10 year anniversary of Sierra Lutheran High School. Much has changed in the past 10 years since the school's doors opened in the fall of 2002. Mr. Brauer, our Executive Director, retired this past spring and God brought Mr. Underwood to be part of this ministry and serve as our next Executive Director. We have been nomads for nine years and this year God has provided us with the wonderful gift of our own gym and we will now actually have "home games." We will see some new faculty members this year and we'll pray for those that God has lead to fulfill other callings in this season of their life. Our SLHS family has experienced significant changes in a very short amount of time. However, one constant in an ever changing world is the faithfulness of God to His promises.

This year's theme verse is Hebrews 10:23, "Let us hold unswervingly to the hope we profess, for He who promised is faithful." God does not change. His character is consistent. God is faithful even in those times when our faith may waver. His promises are true and what God says in His word has been or will be fulfilled. God promises that in times of trial, He will be with us; He will never leave nor forsake us; the name of the Lord is a strong tower and the righteous run to it and are safe; Jesus will come back in the same way that He left.... Our Lord Jesus, himself promised, "And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am." (John 14:3) For the Christian, God's promises are the truth we cling to daily. For those who have not accepted Christ, God's promises are the answer to an empty, unfulfilled life and God sent his son so that all may have an abundant life. (John 10:10)

Sharing the great news of the gospel of Christ is the one constant in the chronicles of SLHS. God's unfathomable plan of redemption is the foundation on which everything else at Sierra Lutheran is built and that foundation will remain unwavering in the days and years ahead.

We look forward to a great year; a year filled with new challenges and wonderful opportunities. Please know that we're thankful you've chosen to be part of our SLHS family. In our times together there will be days of joy and days of trials, but we can rest in the fact that God is intimately aware of our lives. He will be our rock and refuge – for HE WHO PROMISED IS FAITHFUL.

In Christ,

Deborah A. Conner
Principal

SCHOOL SCHEDULE

School Hours

School is in session from 8:00 a.m. to 3:00 p.m. Students are allowed in the building at 7:30 AM and are not allowed to leave campus once they arrive at school without parent permission.

M-T-F Schedule	

Wednesday Schedule	

Thursday Schedule	

ATTENDANCE POLICY

ATTENDANCE

Good Christian stewardship and Nevada School Law requires that a student be punctual in attendance. Students are required to make up school work when absent. Nevada school statute requires high school students to attend 120 hours of class to be eligible for earned credit. Circumstances such as extended illness may result in special consideration as determined through parent contact.

Absence

The number of absences allowed per class per semester is THIRTEEN (13). Upon the 14th absence in each class, students will be denied course credit. Notices will be sent to the student's recorded residence after the **seventh** and **11th absence**. Absences for NIAA activities are not included in the totals. **There is no classification of excused or unexcused absences; however, the administration reserves the right to review all cases.** Parents must telephone the school office by 8:00 A.M. on a day the student is absent. An answering system will accept phone messages left anytime the school phone is unattended. On rare occasions, a student who drives to school may perceive a need to leave campus. Unless office personnel speak directly to the student's parent/guardian, such permission will not be granted. It is imperative we have a telephone number where parents or another designated emergency contact may be reached. **A student wishing to participate in school sponsored activities and sports must attend a minimum of FIVE FULL periods the same day the event is scheduled. If a student is too ill to participate in any class or attend school, he/she must go home for the day and MAY NOT attend any school function held that evening.**

Planned Absence

If there is to be a planned absence, the office manager needs to be informed in writing no later than **two weeks PRIOR to the date**. It is the student's responsibility to make up all work missed. **If planned absences cause the student to exceed the thirteen-day absence restriction, the necessity of the trip should be discussed. A death in the family may make it necessary for a student to miss school. However, a hunting trip or vacation may not warrant an absence. The school administration reserves the right to review such instances on a case-by-case basis.**

Make-up Work

Students will be responsible for any assignments given during an absence. (See EDLINE) (If a test, term paper, project etc. was assigned prior to the student's absence, the student is still responsible to take the test, submit the paper or project etc. upon his/her return to school. However, a student will have one day for every day absent to make up assignments given during his/her excused absence.

Truancy

Truancy is an absence that occurs without parental permission or as a result of leaving campus without proper permission. Students may not make up class work, assignments or tests that are missed. Truant students will be subject to a one day out of school suspension on the first offense and may be expelled for a subsequent offense.

A student arriving at school is under the school's jurisdiction and may not leave campus until the end of the day without the written permission of a parent/guardian and notification of the school office. Parents picking up their child prior to the end of the school day need to go into the office and sign the student out and then back in if the student returns to campus. Students will not be allowed to leave campus for food or drinks once they arrive on school grounds. This policy applies before, during and after regular school hours.

Tardiness

*All students are to be in their classroom and seated at their desk when the tardy bell rings. Students **10 minutes or more late to class are considered absent.** (Attendance may be monitored on EDLINE.) Students who are consistently tardy are a disruption to the learning environment at SLHS. As students accumulate tardies, consequences designed to encourage their timeliness will be imposed:*

- 1. Upon receiving the 5th tardy, a student will lose his/her free dress privilege for the remainder of the semester..*
- 2. 9th tardy will require a meeting with the parent and the student will be placed on attendance probation.*
- 3. Any tardy over 9 will cost the student \$25 per tardy. Attendance probation will be reviewed and the student*

may be asked to withdraw from SLHS.

If a student receives ten (10) tardies in any subsequent quarter after being placed on attendance probation, the student may be dismissed from SLHS at the semester.

ACADEMICS

Basic Marks:

Sierra Lutheran High issues report cards with **percentage grades**. Marks of 90-100 are considered A's; 80-89, B's; 70-79, C's; 60-69, D's; 0-59, failing (*F, W/F, W/A*). Incompletes (*I*) are temporary failing marks, which change to failing marks the second Friday after a marking period ends. It is the obligation of the student to meet all deadlines associated with a grade of Incomplete. *W/A* is a failing mark for students who exceed the maximum number of absences for a semester.

A's receive four quality points in GPA computation; B's, 3; C's 2; D's, 1; F's, 0.

Books and Fees

In order to better inform parents of costs, SLHS has adopted an annual fee to assist with the cost of testing and other related fees. A book fee is for textbooks and related class and lab materials. The annual fee does not include the \$60 graduation fee for seniors. **Students MUST keep hard covered textbooks covered with a book cover throughout the school year.** CONTACT PAPER MAY NOT BE USED FOR BOOKCOVERS.

Progress Reports and Report Cards

Report cards are mailed to parents at the end of each semester. Mid-term and quarter grades are barometers to measure academic progress at defined times, but are not part of the student's permanent record. Only semester grades become part of the student's permanent record. **We will not send a student's grades if monies are owed.**

Edline

Parents and students may access student grades via the Internet using a school issued pass code. Information about assignments, tests, and projects may also be available. Students who are absent need to check Edline for their assignment for the day of their absence. Students and parents must understand that it is the student's responsibility to check with the teacher upon returning from an absence to make sure all assignments are updated. **Parents/students may check their student's grade every Wednesday after 6:00 PM for updated weekly grades.**

Parent Teacher Conferences

Parents are encouraged to meet with teachers as needed. Please call and set an appointment time that is convenient for all parties involved. Full time teachers, who are not coaching are at school from 7:30-4:00 PM, Monday through Thursday and 7:30 – 3:15 on Friday.

Changes in Marks, Credits, or Requirements:

From time to time policies are changed regarding quality points, marks, credits, and graduation requirements. Previous work is credited under the policies in force at the time the course was taken. Students are subject to the graduation requirements in force at the time they began enrollment in the school in grade nine or higher. Students who leave the school and re-enroll are subject to the requirements in force when they re-enroll.

Credits from Transfer:

Sierra Lutheran awards credit and quality points for transfer work according to Sierra's own policies at the time of latest enrollment. Students transferring mid semester into a class they were not taking at their previous school usually receive a semester grade based upon their quarter grade at Sierra. Students who continue in a course they had been taking usually have their semester grade based on work at their previous school and at Sierra. Credits from transfer students may be evaluated on a case-by-case basis by the administration.

Failed Courses

Students failing a high school core course must repeat the course at SLHS if the schedule allows. Students have two summers and one academic year to make up the credit; however, all deficiencies must be made up prior to the start of a student's senior year. Students must be within eight credits of graduation prior to the start of their senior year.

Summer School, Correspondence Courses, Dual Credit Courses

*Courses taken through other institutions do not necessarily teach the material that SLHS classes do. Summer school, correspondence course work or dual credit courses may not be substituted to meet specific course graduation requirements or course prerequisites, unless the course has previously been attempted at Sierra Lutheran High. **Students may make up one semester of failed SLHS course work in summer school. All other failed courses must be repeated at Sierra Lutheran High provided the master schedule allows.** Exceptions to this may be made by petition. Approval will be based on course syllabi, and will be contingent on performance and examinations.*

Repeated Courses

When a course has been failed and repeated to meet departmental graduation requirements, the total number of credits needed for graduation may not be met. In those cases, students must take an approved correspondence or summer school course. Students who repeat a class cannot represent the school as Salutatorian or Valedictorian.

Academic Probation

If a student experiences academic difficulties (**below a 2.00 grade point average** or more than one failing grade in an academic quarter), he/she will be placed on academic probation. During the probationary period, the student needs to improve his/her academic performance to conform with acceptable standards at SLHS. The probationary period will generally consist of one quarter (nine weeks). **A student will be placed on academic probation after any quarter grading period when he/she is below a C (2.00) overall average or is failing two or more subjects. A student on academic probation forfeits tuition assistance while on probation. Financial assistance will begin again when he/she is removed from academic probation.** If a student remains on academic probation for a second consecutive quarter grading period, or if he/she returns to academic probation for a second time, the following steps will take place:

- Future mid-term and quarter grades will be used as timelines to determine the appropriateness of continued enrollment at SLHS.
- Parents may need to look into tutoring
- Participation in co-curricular activities will be curtailed until the student has removed himself/herself from probation.
- Other options that are deemed appropriate will be explored with the student and parents/guardians.
- Dismissal from SLHS when the student continues to show a lack of academic progress

Students dismissed from Sierra Lutheran under the terms of academic probation may re-apply for admission if 1) they have successfully completed a semester of academic work at another high school (i.e., earned at least three credits with no failing grades. Summer school courses do not meet this condition.); 2) they must be on pace for Sierra's graduation

requirements and 3) they must have a clean discipline record from their current school.

Honor Roll

Honor roll is computed at the end of each quarter. Students need to be enrolled in a minimum of six (6) classes to be named to one of the honor roll lists. To qualify for honor roll:

1. Principal's Commendation requires a 4.0 **Grade Point Average** on a scale of 4.0.
2. High Honors requires 3.75 - 3.99 GPA on a scale of 4.0.
3. Honors requires a 3.5-3.74 GPA on a scale of 4.0.
4. No single class grade may be below a 2.0 grade (C).

Falcon Honor Roll

The Falcon Honor Roll recognizes consistent and high academic performance at the time of a student's high school graduation. To qualify for Falcon Honor Roll:

1. *A student must achieve a cumulative GPA of 3.67 or above for eight semesters during grades 9-12.*
2. *A student must have attended SLHS a minimum of four (4) semesters*

Class Ranking

The class rank is determined on the basis of each student's cumulative semester GPA and indicates each student's rank in his/her class.

Valedictorian and Salutatorian Honors

Valedictorian/Salutatorian awards will be based on the first seven high school semesters. All classes receiving high school credit and percentage grades are included. The awards will be based on Grade Point Average being carried out to the one-thousandth place and will not be rounded off at any prior place. A student must have attended Sierra Lutheran High School for a minimum of four semesters to be eligible for these honors.

Testing Program

Achievement tests are administered during the school year. Achievement tests help us understand how students compare with national norms. They help us understand some areas that individuals need to work on and are an effective diagnostic tool to prepare for the state required High School Proficiency Examination.

Testing Schedule

10 th Grade	PSAT / NHSPE – math ,reading and science/ACT in the spring
11 th Grade	PSAT/NHSPE – writing SAT and/or ACT College Entrance Tests
12 th Grade	NHSPE / SAT and/or ACT College Entrance Tests (if needed)

Criteria for Extra-Curricular Eligibility

Any student who wishes to participate in an extracurricular activity must satisfy the expectations of the Nevada Interscholastic Activities Association (NAC 386.800-386.811) and SLHS.

Passing Grades in All Courses; Weekly Grade Checks on Edline

Pursuant to this option any student who participates in a NIAA sport must maintain a minimum GPA of 2.0 and no F's.

- a. The student's progress in all academic courses will be checked weekly.
- b. A student who receives a failing grade in an academic course or has a GPA below 2.0 at any grade check shall be placed on probationary status for one full week.
 1. A student on probationary status remains eligible to attend practice in the sport during the probationary week.
 2. If a student on probationary status has a failing grade or a GPA below 2.0 during the following grade check, then that student shall be declared ineligible the following Thursday through the following Wednesday.
- c. Probationary status is issued once per season. If a student is ineligible a second time during that season, that student must have a meeting with the AD and/or the principal. Continued eligibility problems may result in the student not being able to participate in other extra-curricular activities at SLHS. Academics are the priority for all SLHS Students.
- d. If a weekly eligibility grade check is set to occur on the day prior to a recognized holiday or vacation, the following shall apply.
 1. If a student is declared academically ineligible before the holiday or vacation, then they will remain academically ineligible for the duration of the vacation or holiday.
 2. A student on probationary status prior to a holiday or vacation is academically eligible until the next grade check.
- e. A student who either withdraws from a class with a failing grade or is excluded from class with a failing grade at any time during a semester shall be declared academically ineligible for one week beginning the following Monday and continuing through the following Saturday. This one time per class penalty should be administered immediately after the records become available; however the student must still comply with the minimum two (2) units of credit requirement.

Academically Ineligible Students

If a student is declared academically ineligible, they are subject to the following rules.

- The student may not practice through the duration of the ineligibility period
- The student may not travel to any games with their SLHS team

Criteria for Curricular Eligibility

Departments establish criteria for participation in field trips and tours. Before a field trip or tour, the sponsor will poll the faculty for concerns with any individuals who are expected to participate. If individual teachers and the activity sponsor do not reach consensus, the administration will make a decision on that individual case. The administration reserves the right to suspend eligibility of any student for academic or behavioral reasons.

Transcript Requests and Letters of Recommendation

All seniors applying for college may request their high school transcripts. A two-week notice is required. Certified copies will be sent upon request to the institution of the student's choice. For December 31 deadlines for letters of recommendation, requests must be requested by December 1st.

Course Load

Students are expected to develop a schedule where they will be in class a minimum of seven academic periods a day. A minimum of 26-27 credits is required to graduate from SLHS. Accordingly, to be classified a sophomore, one must have two semesters of high school attendance and must have earned a minimum of 6 ½ credits. To be classified as a junior, one

must have four semesters of high school attendance and must have earned a minimum of 13 credits. To be classified a senior, one must have six semesters of high school attendance and a minimum of 19 ½ credits.

Dropping or changing a Class

Students need to develop a schedule that allows them to take a minimum of seven (7) classes. Courses may be dropped or added until the end of the first full week of each semester. A schedule change requires the written approval of the teacher and the principal. Students who fail the first semester of a course may take the second semester only with written approval of the teacher. **Drop/Add requests due to teacher preference will not be considered.**

Classroom and Office Aides

Juniors and seniors, in good standing academically, and with no discipline difficulties, may request an aide period on their schedule. These students will be assigned to the office or individual teachers for one period.

CURRICULUM

GRADUATION REQUIREMENTS

In order to graduate, Sierra Lutheran High students must earn 26-27 credits. Course work not passed must be repeated in core subject areas, and credit must be made-up for elective classes necessary for graduation.

Seniors who are more than one (1) credit short of fulfilling graduation requirements will not participate in graduation ceremonies. Students who do not graduate with their class because of failure to meet requirements, and who are no longer enrolled, have a period of one calendar year from their original date of graduation to make up the requirements through summer school or community college work for high school credit.

While the Minimum High School Graduation Requirements meet state requirements for a diploma, we at SLHS believe the student should take a more rigorous schedule if planning to attend a university. Each college and university has its own admission requirements. Sierra Lutheran High School offers all course work needed for college entry. **However, it is the student's responsibility to select the specific courses needed for admission into the college of his/her choice.**

Students transferring to Sierra Lutheran in tenth through twelfth grade may not have taken all courses required by SLHS. Sierra Lutheran awards credit for transfer work according to policies at the time of latest enrollment. Award of credit, grade placement, and anticipated graduation date are based only on official, signed transcripts received from previous schools, or summer school/correspondence work. Report cards and withdrawal slips with withdrawal grades may be reviewed at the time of application. Discrepancies on transcripts and other documents are between the parents and the other school. It is the responsibility of the student and his/her parents/guardians to make sure all graduation requirements are met by the end of the senior year.

Please be aware that the state of NEVADA DOES NOT REQUIRE FOREIGN LANGUAGE FOR A GRADUATION REQUIREMENT. However, the majority of colleges and universities mandate that a student have at least two years of foreign language in order to be accepted to their institution. Students attending SLHS are typically enrolled in foreign language automatically their sophomore year. Students not taking a foreign language are not eligible for the Valedictorian or Salutatorian honors.

Tuition and Graduation Fees

Board policy mandates that if there is a two month lapse in tuition payments, the student (s) may not return to school until the tuition is current. If a financial hardship occurs suddenly, please contact the administration so that we may work and pray with you regarding this situation.

SLHS will assess a \$60 graduation fee to each senior at the beginning of his/her senior year. **ALL FEES AND MONIES**

OWED MUST BE PAID IN FULL THE WEDNESDAY PRIOR TO GRADUATION IN ORDER FOR A SENIOR TO PARTICIPATE IN COMMENCEMENT EXERCISES.

Minimum Sierra Lutheran High School Graduation Requirements

Subject Area	Credits
English	4
Religion (One-half credit per semester enrolled, w/o transfer credit)	1 - 4
Social Science	3
Science (4 science credits beginning with the class of 2010)	3-4
Mathematics**	3
Physical Education	2
Computer Literacy	1
Visual/Performing Arts	1
Speech	½
Health	½
Other Electives	4
TOTAL	26-27

Students who desire to attend a four-year college or university, and who therefore seek an academically enriched program are encouraged to take the following additional courses: Mathematics – 1 credit, Science – 1 credit, Foreign Language 2-3 credits.

Although math credit is given for Pre-Algebra, students must know that most colleges will require Algebra I, Geometry, and Algebra II for entrance. Pre-Algebra does not meet the requirements mandated by the state of Nevada for a college preparatory diploma. **The Millennium Scholarship requires four years of math (including Algebra II),

Sierra Lutheran does not provide after school care

Parents need to make arrangements to pick up their student(s) within 15 minutes after the dismissal bell. Sierra Lutheran does not provide after school care..

STUDENT LIFE

Student Code of Conduct

The rules and standards set forth hereafter apply: a) to conduct on school premises, b) to conduct off school premises which directly affects other students of the school and/or may be perceived by the community as representing the school and, c) to conduct at school functions. The behaviors listed below are some examples of behaviors that will result in disciplinary and/or legal action for students and visitors:

1. Use of foul, crude, obscene or otherwise un-Christian language.
2. Smoking or possession of tobacco products.
3. Irresponsible behavior in the parking lot or adjacent streets.
4. Repeated removal from class for misconduct.
5. Repeated dress code violations
6. Leaving or being off school grounds without permission.
7. Thefts of, or damage to, the property of the school, or the property of anyone in attendance at an authorized school function.
8. Truancy as defined in the attendance policy.

9. Physical abuse, or the threat of physical abuse, against any person at any school authorized event; or any other conduct that threatens or endangers the health, safety, spiritual welfare or physical well being of any person (including bullying/intimidating). All parties involved in a fight will be removed from school as soon as possible and suspended. Students involved in a second fight during the school year may be expelled.
10. Repeated disrespect.
11. Interference with, or demonstrated disrespect for, worship activities sponsored by the school.
12. Cheating/Plagiarism (see policy pg 16 - Cheating)
13. Harassment (see policy pg 15-16 harassment)
14. Lying to a school official during the course of an investigation

Automatic Expulsion

The incidents listed below are situations that SLHS has ZERO TOLERANCE for and will most likely result in automatic expulsion:

1. Possession of, and/or being under the influence of alcohol, illegal drugs, look alike drugs; or the misuse of prescription drugs, either on school grounds or at school activities. Possession of drug paraphernalia.
2. Use, or possession on school property, of, firearms, ammunition, knives, fireworks or other dangerous weapons or substances.
3. Making a death threat toward student(s), faculty and/or staff. This policy includes threats made verbally, in writing and/or electronically.

A student who is expelled or asked to withdraw from SLHS may not attend any SLHS activities.

A Christian Approach to Discipline

Sierra Lutheran uses a Christian approach of admonition in disciplining, consistent with our beliefs about Law and Gospel. This process involves Confrontation (explaining the seriousness of the improper action), Repentance (sorry for one's sins), Forgiveness (no longer held accountable for one's sins), and New Life (changed behavior). Generally, the steps in the admonition process are:

1. Admonishment by the teacher (parent contact, if necessary).
2. Admonishment by an administrator with consequences for the student. Expect a telephone call at home or work concerning the situation.
3. Suspension and a mandatory parent conference. Parents must come and pick up their student immediately.
4. Expulsion (depending on the gravity of the situation).

Consequences Defined

Demerit: If/when a student strays outside the conduct and behavior guidelines of the school, staff members will assign a "demerit." In essence, the demerit is a warning. Parents will be contacted by the person issuing the demerit. Should a student accumulate four (4) demerits, he/she will serve a suspension or Saturday Detention.

Suspension: The administration has the authority to suspend, not to exceed ten school days, any student whose presence in school is detrimental to the best interest of the student, other students or the school. Parents will be notified of suspensions by phone as soon as possible. Students who are suspended will be placed on disciplinary probation. In-school suspension means a student attends school, but is removed from their peers and withheld from classes. No credit is given for academic work missed during any type of suspension.

Out of school suspension is typically one to three days removal from the school environment. Out-of-school suspension is reserved for the most serious violations of the student code of conduct.

Probation: Students may be placed on probation for violations of the student code of conduct or for academic or attendance concerns. A letter outlining the specific terms of a student's probation will be sent to parents/guardians. Violations of probation may result in a termination of the student's enrollment.

Expulsion: Immediate removal from the school environment.

Normal Consequence Progression

Step I 1 demerit results in a parent contact by the teacher and the administration is informed of the infraction.

Step II 3 demerits may result in an In School Suspension or 1 day home suspension. Parents and the student must meet with an administrator; the student will be placed on behavioral probation.

Step III If a student continues to receive demerits, he/she is displaying they do not want to be part of our SLHS family and the administration will meet with the parents and student. The parents will probably be asked to withdraw their student from SLHS.

The executive director or principal has the authority to suspend, not to exceed ten school days, any pupil whose presence in school is detrimental to the best interests of the student, other students or the school. The executive director or principal shall immediately send written notice of such action to the parent or guardian and the School Board.

Due Process

With respect to student discipline, the school official will:

1. Inform the student of the offense.
2. Give the student an opportunity to tell his/her version of the incident.
3. Inform the student and parent(s)/guardian(s) of the consequence or outcome of the disciplinary action.

The student has the responsibility to follow school guidelines and policies. If a student disagrees with disciplinary action resulting in suspension or expulsion, he/she has the right to appeal the school official's decision to the SLHS Board of Directors.

Review of Continued Enrollment

In certain cases, the admonition process may have to include suspension and expulsion. Yet with repentance, forgiveness and new life, discussion for return (from suspension) or re-enrollment (from expulsion) may occur, usually for the next academic year in the case of expulsion. The following outlines some of the circumstances that would result in a review of continued enrollment:

1. Lack of academic progress due to insufficient effort or interest.
2. Consistent refusal to comply with regulations.
3. Behavior, which demonstrates a lack of concern or insensitivity to the rights, needs, and feelings of others.
4. A display of attitude, speech and behavior that is inconsistent with the objectives of the school.
5. Finding that a student has not told the truth during admission procedures, counseling or falsifying documents of past school and legal problems.
6. Refusal to take a drug test when requested to do so by the administration for reasonable cause.

If a parent has a concern with any faculty or staff member, the parent must FIRST discuss the concern with that person and not the principal or other administrator. We are a family and need to openly discuss our concerns with one another in a Godly way. If further discussion is needed, the principal will gladly sit in on any conferences necessary.

Harassment

Sierra Lutheran High will not tolerate any harassment by any staff member or student relating to a person's gender, race, ethnic group, color, religion, age or handicap. The term "harassment" includes, but is not limited to:

Bullying

- Hiding, damaging, destroying or stealing work or belongings
- Verbal bullying – name calling, put downs, teasing, use of abusive language
- Physical bullying – hitting, pushing or threatening physically
- Deliberately excluding a person from a group

Sexual Harassment

- Unwelcome touching or brushing against a person
- Whistling, gesturing or making comments that are sexually explicit and offensive
- Telling offensive jokes or showing offensive reading material
- Deliberately excluding a person because of gender

Racial Discrimination

- Making degrading comments, jokes or gestures about a person's culture or background
- Calling a person names because of race
- Telling offensive jokes or showing offensive material
- Deliberately excluding a person because of race

Ability or Difference Harassment

- Making degrading comments or gestures about a person's intellectual or physical ability
- Calling a person names
- Deliberately excluding a person because of ability or intellect

Libel/Slander

- Spreading rumors about a person or a person's family
- Writing unkind notes to or about a person
- Writing graffiti about a person or any groups to which a person belongs

Electronic Harassment

- Using electronic software and technology in such a way that other people are harassed or offended by the information
- "Flaming," hacking or passing on inappropriate messages regarding people, or changing information belonging to other users.

Since such conduct creates an intimidating, hostile or offensive school climate, it has no place in a Christian setting. Retaliation against any individual who makes charges of harassment against any individual is likewise prohibited. **Those guilty of harassment or retaliation will meet with the appropriate sanctions, which may include suspension, expulsion or criminal and/or civil charges.**

Those individuals who believe they have been the victims of any type of harassment should directly inform the person engaging in such conduct that it is offensive and should stop immediately. Immediately report the conduct to an administrator or teacher. The report will be held in confidence, so far as the law allows.

Chapel

Students at SLHS participate in a chapel at least weekly, and in daily devotionals and prayer. While not all students will share the same faith, all students are expected to respect the worship of God by others by displaying reverential behavior during those times. Disrespect shown God and others during these times will hold severe consequences, which may include removal from school.

Cheating

Cheating demonstrates a lack of integrity and character that is inconsistent with Christian values and the goals of our school.

Cheating includes, but is not limited to:

1. Copying, faxing, emailing or in anyway duplicating assignments that are turned in, wholly or in part, as original work.
2. Exchanging assignments with other students, either handwritten or computer generated, whether you believe they will be copied or not.
3. Using any form of memory aid during tests or quizzes without teacher permission.
4. Using a computer or other means to translate an assignment from one language to another and submitting it as an original translation.
5. Giving or receiving answers on a test or quiz.
6. Accessing a test or quiz or answers to the same in advance of its administration.
7. Text messaging or having a cell phone out during an exam. (See policy on cell phones)

Students referred to the administration for cheating will:

- Receive a zero on the work in question and will call their parents informing them of this behavior.
- On a second offense, the student will again receive a zero and parents will be brought in for a meeting with the teacher, student and principal. Suspension may result.
- On the third offense, the student will receive a zero, be suspended from school and possible expulsion will result.

Technology Use Policy

Our students are blessed with access to an ever-increasing world of electronic information. As good stewards of time and talents, individuals using electronic resources like the Internet, must be aware that not all the material is beneficial to a Christian or consistent with the mission and philosophy of Sierra Lutheran. Students who access technological resources through the school are governed by the guidelines found throughout the student handbook in addition to the technology use agreement distributed at the beginning of the school year. Students who threaten others via email or instant messaging, whether inside or outside of school, are subject to school discipline. Students with personal lap top computers are bound by SLHS rules. It is every teacher's prerogative to allow a lap top in his/her classroom.

Public Display of Affection / "Horseplay"

We expect all relationships to be conducted in a Christ-pleasing manner and in accordance with the principles of a Christian school. This policy is in effect during school and at all school sanctioned activities. Failure to comply with this expectation will result in a meeting with the principal, or other administrator, where a warning will be given. Repeated behavior that is unacceptable regarding public display of affection could result in a demerit, suspension, or dismissal from the school. An embrace, inappropriate hand placement, kissing, sitting on another person's lap are not allowed on campus or at any school function. **A STUDENT NEEDS TO KEEP HIS/HER HANDS TO HIMSELF/HERSELF.**

Personal Property

Cell phones, I-pods, recorders, cameras, electrical games, laser light devices, portable CD players, MP3 players, tape players, roller blades, skateboards, TVs or other personal belongings not essential for school are not permitted on students

from 8:00 A.M. until 3:00 PM. Cell phones are to be turned off during school hours and stored in the student's locker. A student may lose his/her cell phone or other property for three days for not being obedient. The use of a laptop computer must be approved by the class room teacher. **Cell phones, I-pods etc. are NOT to be used when a student is completing work study hours.**

Dress and Appearance

Sierra Lutheran High has adopted a practice that requires all students to wear a prescribed wardrobe. An attractive school wardrobe promotes school spirit and an improved self-image, while maintaining a neat appearance of the student body. This wardrobe further identifies students as members of the school community and fosters a spirit of cooperation and participation. The dress code at SLHS expects that all students will follow five key standards with all matters of clothing and personal appearance: neat, clean modest, appropriate for a Christ-centered school and avoids extremes.

Prescribed Dress - from 7:00 a.m. to 3:30 p.m.

On any school day a student may wear:

A polo shirt, long or short sleeved with **NO LOGO unless it is a SLHS logo**, of white, navy blue, hunter green, gray or maroon color. **This shirt must be tucked in at all times (except after 3:30 PM)** and must be of reasonable fit. No long sleeve undergarments may be worn under a short-sleeved polo. Polo shirts with pockets are acceptable. If desired, a **solid white T-shirt or black T-shirt with no logos** may be worn under the polo shirt only. **BELTS MUST be worn.**

Blue, black or khaki colored shorts, which must extend a minimum of two inches past a student's fingertips with arms at sides, and no longer than the knees, or pants which are from Campus Club or **of like color and style only (Dickie or Docker brand are like style with Campus Club.)** **PANTS/SHORTS MUST HAVE INSET POCKETS** and be of reasonable fit. NO CARGO type clothing - Pants with large, outside pockets

Pants and shorts must be worn at the waist. Sagging is not allowed.

Girls may wear Campus Club type of skirts or skirts of **LIKE COLOR AND STYLE**, which must extend a minimum of two inches past a girl's fingertips with arms at sides.

Girls MUST wear the prescribed polo shirt just as the boys or they may purchase a shirt/blouse from Campus Club. ALL POLO SHIRTS MUST HAVE BUTTONS AND THE TOP TWO BUTTONS MAY BE LEFT UNBUTTONED FOR BOYS AND GIRLS.

Shoes (sandals must have a back strap that was originally part of the sandal & not added on by the student) **Slippers are not to be worn to school.**

Socks must be worn.

SLHS SWEATSHIRTS ARE THE ONLY TYPE OF SWEATSHIRT / SWEATER to be worn during school hours and the student must wear his/her uniform shirt underneath his/her sweatshirt, jacket, or a SLHS lettermen's jacket. During the winter months, students may wear a heavy jacket over their SLHS sweatshirt if needed, **but the heavier jacket may not be worn to classes. Sweatshirts purchased for a sports season may only be worn during the season.**

All clothing articles must be clean, unstained, and in good repair (no holes).

General appearance:

GIRLS

Hair must be of modest style, and of **natural color.**

Piercings are allowed in the ears only. Two small stud earrings may be worn. NO GAUGING.

No hats or head coverings

No tattoos or defacements

No sunglasses in the building

BOYS

Hair must be of modest cut above the collar, **out of the eyes,** and a shade of the student's natural style and color.

Spiked/gelled hair may not be any longer than 1".

Facial hair is not allowed and **boys will be sent home if they do not shave.**

Sideburns may not extend below the earlobe.

No tattoos or defacements

No hats or head coverings in the building

No sunglasses in the building

"Free dress"

From time to time free dress will be allowed for students. On those days, students are expected to exercise good judgment in the choice of their apparel. Simply worded, would Jesus be pleased by what you're wearing? What is fashionable may not be godly; let's be godly! Students who violate standards of good judgment will have the privilege revoked for the balance of the school year. The wearing of items that include logos and descriptive items from secular bands are not permitted. The rule for length of shorts and skirts/dress is not exempt during free dress days.

Dress code decisions are made solely by the school faculty and administration and are not subject to appeal.

Dress code Progression

1. Discussion with student after two prescribed dress infractions
2. Student receives a demerit and loses ALL free dress privileges after 4 infractions
3. Phone call home if the issue persists and the student may be placed on behavioral probation

**Dress code infractions start over each semester. Not following rules is a choice and a matter of the heart.*

Girls who have been written up three times for shorts or skirts being too short will be required to wear pants for the remainder of the year.

Dress at School Events

Students should remember they represent a Christian school and their dress should reflect that. Students may be asked to change clothes or leave the activity, if their clothing is not in keeping with that theme. Restrictions regarding earrings, tattoos, appropriate language on shirts, etc., apply to SLHS students attending school-sponsored events even when off campus. Non-SLHS students attending a function with a SLHS student are required to follow ALL SLHS policies just like SLHS students.

The administration reserves the right to modify the interpretation of the dress code as the need arises during the course of the school year.

Dispensing of Medications

According to Nevada School Law and the Chief Nurse of Douglas County, the following policy has been established with regard to the dispensing of medications to students. To administer over-the-counter (OTC) medications the school MUST have written permission from a parent/guardian and the parent/guardian MUST supply the medication for his/her child. The medication must be in its original container and a label with the student's name and date of birth (DOB) must be attached. Medications dispensed from a pharmacy MUST be properly labeled (have original label from the pharmacy on the bottle). The school must have signed permission from the parent/guardian and physician requesting the school to administer a prescription drug. The school must be notified when a student is required to take any medications during school hours. It is the student's responsibility to come to the office to take medication. The office must be informed of any contagious or infectious conditions with proper documentation from a licensed physician, and must produce a medical clearance from a licensed physician to return to school. Due to liability, the school office will not provide students with aspirin, Tylenol, or any non-prescription medication. However, if a parent wishes a student to be allowed to take over-the-counter medications, the medication must be stored in the office and the above procedures must be followed. Any student found carrying any type of medications will be considered in violation of our drug policy. Exceptions to the above policies, such as a student's need to carry an inhaler or a life-saving device (such as an anaphylactic kit) may be made, provided a doctor's order and parent's

consent is on file in the office.

Drugs, Tobacco, and Alcohol

Sierra Lutheran subscribes to a “zero tolerance” policy towards those who bring illicit drugs and/or alcohol into our school or to school functions. If such materials are on campus, or at a school activity, both the police, and the parents of any involved student, will be contacted. Students who bring illicit drugs or alcohol to school, or to any school activity, will be expelled.

Should there be reasonable cause in the judgment of school officials that a student is under the influence of drugs and/or alcohol, mandatory testing for these substances must be performed immediately. Students may also be required to undergo a drug test should there exist reasonable suspicion that a student is using drugs outside of the school. The determination of reasonable cause is at the sole discretion of school officials. The location of the testing facility and cost of the testing will be the sole responsibility of the student’s parent or guardian. Mandatory testing can/will include urine, blood, hair or any combination of the three to insure accuracy of the test. Failure to comply with a request for testing will result in the student’s expulsion.

SLHS also discourages the use of tobacco. Possession or use of any tobacco product while on campus or at a school event will subject the student to a suspension. Repeat offenses may lead to harsher consequences, including expulsion. Students violating this policy are subject to the school athletic code.

Emancipated Students

Students who reach the age of legal emancipation while attending SLHS are subject to all rules that apply to all students.

It is traditionally understood that students attending SLHS reside with their parents or guardians. In situations other than the previously stated arrangements, administrative review will be necessary for continued enrollment.

Field Trips

A signed permission and medical treatment form must be on file in the school office before any student is allowed to participate in a school-sponsored field trip or extra-curricular trip. Sierra Lutheran High reserves the right to search all items brought on a field trip.

Dance Policy

At any school-sponsored dance, the following guidelines must be followed:

1. In general, all school policies must be followed.
2. Alumni may attend school dances with administration approval and must abide by the same rules as students.
3. One visitor per student will be allowed upon approval by the student council advisor or activity advisor and only if registered with the school by the mandatory deadline.
4. Students must be at a dance at start time or they may not be allowed into the activity. Once a student leaves a dance, he or she will not be allowed back on school grounds.
5. Once in the building, a student is not permitted to go to his or her car until a decision has been made to leave the dance, unless school officials or chaperones grant specific permission.
6. Former SLHS students who have been asked to leave SLHS are not allowed to attend any school function.

Student Driving

A student must register his/her vehicle with the Office Manager, giving proof of insurance, registration, and a copy of the student’s driver’s license.

1. **Students will be assigned a parking spot after completing the necessary paperwork discussed in this**

section. Students must park in their assigned spot.

2. Students must drive carefully and sensibly. Excessive speed on school grounds or on nearby streets will not be tolerated. **Driving is a privilege, not a right.**
2. The parking areas and cars are off-limits to students during the school day unless specific permission is given (written school pass only). Once students are on the campus and the cars are parked, the student is to immediately leave the vehicle/parking lot and not return to them until the end of the school day. This policy includes during the lunch or passing periods.
3. The student driver will not transport student(s) from campus without the explicit permission from the driver's parents and permission from the other student's parents. Including all extra-curricular activities. **A permission slip must be on file with the office.**
4. Student's cars may not have any inappropriate markings, stickers or painted on messages that would go against the student code of conduct. Cars with inappropriate stickers, markings etc. will not be allowed to park on campus.
5. **Infringement of rules regarding driving may result in the loss of the privilege of driving to school.**

Visitors to Sierra Lutheran High

Sierra Lutheran requires **ALL VISITORS** (friends, family, alumni, and business people) to report to the school office for a visitor's badge before visiting on campus, except during special school or sporting events. **Visitors / parents are not permitted to walk through the building or go into classrooms during the school day unless they have previously spoken with the administration.** Visitors to the campus or to school events are subject to Sierra's rules and regulations. Alumni or former students are asked to visit teachers and friends beginning at 3:30 PM. **We encourage parents to attend our chapel service every Thursday from 9:30-10:15.**

Shadowing at SLHS

All students that would like to shadow at SLHS are welcomed after they have set an appointment with the office, and a date and time has been assigned. During the visit a period of time will be set aside for a meeting with the principal.

Lunch

Sierra Lutheran operates a closed campus. Students are to eat/drink in the LUNCH AREA ONLY (or outside picnic tables it allowed.) **STUDENTS ARE NOT TO TAKE FOOD OR DRINKS INTO THE MAIN BUILDING** (any carpeted area).

Gum, Candy, or Food

Gum is NEVER TO BE CHEWED ON SCHOOL PROPERTY. Candy, drinks and other food items are to be eaten IN THE LUNCH AREA OR OUTSIDE the building. **Students who choose to chew gum will spend an hour serving a "fun time" cleaning gum out from under desks, cleaning the building etc. On the second offense the student will again have an hour of detention and will also PAY A \$50 fine.** If gum or other areas of disobedience continue, a meeting with parents will be required to determine if SLHS is the appropriate school for the offender. Two words will make a difference in the year for all of us: BE OBEDIENT!

Student Lockers

Students will be responsible for the locker assigned them. **Lockers are to be kept shut except when students enter their lockers for items needed.** The school reserves the right to determine whether or not the items inside a locker are within the boundaries of good taste and the intended atmosphere of Sierra Lutheran High. The use of tape on the locker is not permitted. Students are encouraged to use magnets or command strips if they wish to place items inside the locker.

Students may lose locker privileges if:

- Continue leaving their locker open
- Damage to the locker door by misuse or horseplay
- Damage the locker by misuse, jamming the door/locking mechanism etc.

Please be advised that the school retains ownership of the lockers and can conduct searches of the lockers and their contents to insure the health and safety of all of our students. Students are discouraged from bringing valuable items and large sums of money to campus.

If a student is found throwing trash, food etc. into any locker, that student will receive an automatic demerit for vandalism.

Search of Students Book Bags/Backpacks or Person

The school reserves the right, as prescribed by the U.S. Supreme Court, to search the individual belongings or actual person (clothing only) of any student while on school grounds. This search will be conducted only after reasonable cause has been found to support such a search.

School Supplies

Students are expected to be prepared for classes with necessary pens, pencils, paper, folders, etc. Teachers will inform students of special supply need the first week of school. **All items brought to the school by the student should reflect a Christian image.**

Deliveries from the Office

Please understand that while students will forget a homework assignment, lunch or project during the course of the year, the office personnel DOES NOT deliver a forgotten item to the student. It is the responsibility of the student to check in the office for the forgotten item. We ask that Birthday items (cakes/cupcakes/balloons, etc.) not be dropped off or brought to school because of proper storage.

Lost and Found

At 3:30 P.M., any items found on school premises, or any unclaimed articles, will be placed in lost and found. Unclaimed items will be donated to a thrift store at the end of each month. There is a 1.00 charge per item fee to claim lost items. That fee may increase if a student continually needs to look in lost and found for his/her belongings. Students will be required to pay the book cost to replace any lost textbooks. Inquiries can be made at the school office.

Passes

*Any student desiring to move about the building during a class period must have his or her agenda signed by a teacher. If a student loses his/her agenda, additional agendas **MUST** be purchased for \$15.00. A student may not use another student's agenda as a pass.*

Child Abuse

State and Federal Law mandates Sierra Lutheran High School to report **all** suspected cases of child abuse and/or neglect involving any student at our school to the proper authorities. It is our Christian and civil duty to be aware of and promote the general welfare of our students, Students are also encouraged to report to a staff member any information regarding child abuse. We will be in contact with the family involved and do whatever we can to help.

Telephone

Use of the office telephone is restricted to **EMERGENCY USE ONLY**.

P.I.P. Hours (Parent Involvement Program)

Parental involvement is a crucial part of a student's education. Parents are required to give 20 hours a year for each student enrolled at SLHS. Board policy allows parents three options with regard to completing their annual P.I.P. hours: 1) parents have the opportunity to work at various sporting events by taking gate money, helping in the concession booth, working the scoreboard etc. Parents may also help with bulk mailings, chaperone events, attend monthly Booster meetings, help with the walk-a-thon etc. until the 20 hours are completed, 2) The parent may write a check to SLHS for \$300 (\$15 per hour for 20 hours), 3) The parent may work part of his/her 20 hours and then pay the balance for hours left incomplete. We're thankful that so many of our parents complete more than their required hours as a service to their school and their Lord. **We will send postcards updating PIP hours at the end of each quarter for the 2011-12 school year.**

Behavior Outside of School

If a student outside of the school day or activities acts in any way deemed by the administration inconsistent with the intended atmosphere at Sierra Lutheran High School, that student will be asked to terminate his or her enrollment in our school. If the student desires to re-enroll at Sierra the following year, the administration will determine enrollment status in joint session with the student and the parent(s)/guardian(s). Should an expulsion occur however, reapplication for attendance will be automatically denied without appeal.

Senior Memory Day

A school day has been set aside for the senior memory day. On this day the senior class and their advisor will participate in an off-campus activity which has been decided by the advisor and class. Examples of prior memory days include; rafting the American River and a day of activities at the Grand Sierra Resort. Some of the class funds raised during the student's four years at SLHS will be used for the memory day. (More detailed information will be provided by the SLHS Student Government).

Pregnancy and Student Parents

Sierra Lutheran High School advocates the Biblical teaching that sex is to be reserved for marriage. An unmarried SLHS student who is becoming a parent while enrolled at this school needs to share that information with the principal or a designee in order that counseling and the ministry of forgiveness, reassurance, love and support may be extended to the student and the family. Because this situation is not the norm and may disrupt the educational process, continued enrollment shall be reviewed periodically by the principal. Failure to inform the administration or not following recommendations of the principal may jeopardize continued enrollment. Children of student parents are not permitted on campus during the regular school day, but they may attend other activities.

Abortion

Sierra Lutheran High School endorses a pro-life position and the need to nurture a deep reverence and gratitude for God's gift of human life. Students contemplating or having had an abortion should share that information with the principal or a designee so that immediate counseling may begin. While SLHS does not condone abortion, it does wish to share God's Word, His will and His love with those whose lives are impacted by such realities. Repentance, forgiveness and restoration are important to the individual as well as the school community; therefore, the administration will evaluate each case on an individual base.

Policy Changes

The administration is very sensitive to the problems inherent in changing of school rules and policies during the course of the year and it is our goal to avoid such changes. Should situations arise however, where there is sufficient cause and apparent need, the administration reserves the right to modify rules and policies for the betterment of the school and the needs of students.

Agreement to adhere to policies

By being enrolled at SLHS, all students are agreeing to follow the policies outlined in this handbook and formulated by the Board of Directors. By enrolling your student at SLHS, parents are agreeing to follow the policies outlined in this handbook and formulated by the Board of Directors. SLHS is a family and we want to work with one another in a God pleasing way.

FALCON ATHLETIC HANDBOOK

STUDENT-ATHLETE

Program

Sierra Lutheran High School is a member of the Class A Northern League of the NIAA. This league includes Coleville, Smith Valley, Gabbs, Gerlach, Pyramid Lake, Virginia City and Sage Ridge (volleyball). Along with varsity competition, the Falcons also field teams at the junior varsity levels when numbers allow. The following is a listing of the Sierra Lutheran High athletics program:

Boys

FALL:	Cross Country	Varsity
WINTER:	Basketball	Varsity, JV*
SPRING:	Track	Varsity**
	Golf	Varsity, JV*

** If numbers allow and coaches are available.
*Junior varsity squads will be represented if numbers allow.

Girls

FALL:	Volleyball	Varsity, JV*
	Cross Country	Varsity
WINTER:	Basketball	Varsity, JV*
SPRING:	Track	Varsity**

** If numbers allow and coaches are available.
*Junior varsity squads will be represented if numbers allow.

Sierra Lutheran will continue to add sports as our enrollment grows and student interest allows.

ATHLETIC RULES AND REGULATIONS

A. Conduct

2. All athletes are to conduct themselves in a manner reflecting the Christ-centered objectives of Sierra Lutheran High School and will adhere to ALL school rules. Athletes should recognize that representing the school is a privilege, and as such, athletes can and will be held to higher standards than the general student population.
3. Anyone found using tobacco (any form), alcoholic beverages, illegal drugs, and/or anabolic steroids will be barred from participation in Sierra Lutheran's athletic program or other extracurricular teams for a determined

amount of time in accordance with the Nevada Interscholastic Activities Association and the policies of SLHS. All students must sign an agreement to the policy before they are allowed to participate in any activity sponsored by the NIAA. Violations of the policy that occur while the athlete is representing the school will result in immediate removal from the team and subject the student to additional penalties. **Any athlete found guilty of giving, selling, or supplying these substances is subject to expulsion from Sierra Lutheran High. THIS RULE IS IN EFFECT FOR THE ENTIRE TWELVE MONTH YEAR, 24 HOURS A DAY, 365 DAYS A YEAR!**

4. The coach, and/or athletics director, or other administrator will deal with inappropriate/unsportsmanlike behavior or language at practice or a competition. Such conduct could result in suspension or expulsion from the team and/or school.
5. Coaching decisions are not based on personal feelings toward any athlete, but on what is best for the team. Coaches are not required to play every member of a team unless they deem it appropriate. Team competition is not synonymous with physical education and although coaches do try to get everyone in the game, winning and post-season competition are a major goal in athletic competition. If an athlete has a problem with a coach, he or she is to talk to that coach. If a parent has a problem with a coach, he or she is to talk to that coach. The athletics director and principal will not get involved until the proper channels have been followed. REMEMBER THERE IS NO "I" IN TEAM!
6. Athletes are to be clean, neat and well groomed, in season or out. As an athlete, you are constantly in the public eye and represent Sierra Lutheran High School.

B. Requirements prior to practice and competition

1. An athlete must be registered at Sierra Lutheran High
2. An athlete MUST present his/her coach with a Falcon Card at the first scheduled practice. In order to receive the Falcon Card an athlete must have the following on file:
 - a. Physical (forms B & D)
 - b. Agreement to participate form
 - c. Copy of immunization record
 - d. Emergency cards
 - e. Consent to treat
 - f. Drug/alcohol form
 - g. Tuition Assistance form
 - h. \$50.00 participation fee paid (the participation fee is assessed each season in which an athlete participates)
 - i. ATTENDANCE BY STUDENT AND PARENT AT PRE SEASON PARENT MEETING. If you are unable to attend, you must schedule a time to meet with the coach to discuss expectations so that you are informed as well.
3. An athlete must attend the minimum number of required classes (5 complete class periods per day).
4. An athlete must have his/her name and other required information on the NIAA eligibility roster.
5. By participating in a sport, the athlete is agreeing to follow the rules and requirements outlined in this handbook.

C. Equipment and Uniforms

1. Sierra Lutheran High School's athletic equipment is to be worn or used for the practice sessions and athletic contests only. Uniforms are to be worn to classes only when asked to do so for a special occasion by the coach.
2. **AN ATHLETE IS FINANCIALLY RESPONSIBLE FOR ANY AND ALL ATHLETIC EQUIPMENT ISSUED TO HIM/HER (uniforms, sweats etc.).**
3. An athlete should wear only the equipment issued to him/her and should not permit its use by another person. Equipment is school property and will be taken from an unauthorized wearer.

4. All equipment is to be turned in promptly.
 - a. Athletes who are no longer members of the team are to turn in their equipment within one week of leaving the team.
 - b. All athletes who complete the entire season in a sport are to turn in their equipment on the day scheduled by the Athletic Director
 - c. Student report cards may be held until late fees or equipment/uniform replacements are paid in full.

D. Eligibility (see pages 8-9)

E. Attendance

1. Class attendance and attendance for practice should be excellent. **Unexcused absences or tardies** could result in ineligibility and loss of position on the team.
2. It is the responsibility of the athlete to **PERSONALLY** inform the coach **in advance** of any anticipated absence or tardiness from practice and/or contests.
3. When a team leaves school early, **an athlete must submit work due in all classes he/she will be missing prior to leaving campus. Homework assignments for any days missed must also be picked up prior to leaving campus. This is a school-related-function and not an absence due to illness.**
4. Athletic participation at Sierra Lutheran High is a privilege and should be treated as such. Athletes who get to bed late due to an athletic event during the week **WILL ATTEND SCHOOL THE FOLLOWING DAY IN ITS ENTIRETY**. God comes first, family second, education is third and extracurricular activities rank fourth at SLHS. If an athlete cannot get to school on time after a competition, he/she should not be participating.

F. Medical Care

1. SLHS **is not responsible for injuries** of any type, whether they are received in the sports program or not, unless it may be proven that an improper technique was taught on the part of the coach.
2. Athletic injuries should be immediately reported to the coach so that he/she might recommend the first aid that should be administered for the injury. **THIS ACTION IS IMPORTANT OR MORE SERIOUS IMPAIRMENT MIGHT RESULT.**
3. Injuries requiring immediate attention will be treated by the coach or at an emergency room in a hospital, if it is impossible to contact the family, unless a parent indicates otherwise in writing prior to the start of the first practice.
4. Athletes who are physically unable to practice for five consecutive days due to illness or injury, must present to the Athletic Director a statement from a physician, holding an unlimited license to practice medicine, that they are again physically fit to participate in inter school athletics. **Any athlete who has surgery, breaks a bone or has any other severe type of injury must have a medical release on file with the athletics director prior to returning to competition or practice.**

G. Transportation

1. Athletes will travel to and from "out-of-town" events with the team unless otherwise arranged by the coach prior to the event.
2. Athletes may be expected to get to "in town / home contests" on their own.
3. Athletes and parents will be given a practice schedule that will inform them of practice times. Coaches will follow the schedule and parents are expected to pick up their student promptly. **Parents MUST pick their student up promptly. Continual failure to be picked up on time may result in an athlete being removed from a team.**
4. The coaches, Athletic director and administration reserve the right to search the athlete or his/her belongings taken on any away/overnight trips.
5. Team members will be required to ride to and from athletic contests on the bus when the bus is used. If parents wish to take their student home from an event, a release form must be completed and submitted to the A.D. two days prior to the event. (All forms are available on the website). For example, if the game is on Friday, the form

must be in by 4:00 PM on WEDNESDAY.

H. Quitting a Sport

Any athlete who participates in athletics at Sierra Lutheran High School and has completed the first eight practices has AGREED TO FINISH THE SEASON for the sport with which he/she is involved. Should a student elect to quit the team, he/she will not be eligible for any other sport during that season and could possibly be held out of the consecutive season in which he/she participates for the pro-rated amount of time in the prior sport.

F. Gymnasium

1. Students are NOT permitted in the gymnasium without a coach present.
2. Students are not to bring food or drink into the gymnasium except for water or sports drink for practice.
3. Lockers and locks will be assigned to students participating in athletics and locks are to be returned at the conclusion of the season. Lockers will be assigned at the appropriate parent meeting.
4. Students are to store their practice and game clothes/equipment in their athletic locker.

AWARDS

A. Letter and certificate awards

1. Numbers for the athlete's year of graduation are given to non-lettering participants of a team at season's end.
2. All athletes desiring to letter must meet the following basic requirements:
 - a. Attend practices, squad meetings and contests regularly and promptly.
 - b. Demonstrate to coaches, teammates, the school and the community his/her loyalty, cooperation, sportsmanship, and **Christian** citizenship.
 - c. Meet the specific letter standards for each sport for all managers, statisticians, and athletes.
 - d. Letters are awarded in all varsity sports to those individuals who meet standards specified by the individual coach **and who attend the awards night for that season.**
 - e. Managers and statisticians may receive a varsity letter if they perform the following requirements successfully as deemed by the coach:
 - Attend ALL GAMES or MEETS
 - Attend 80% of practices
 - Fulfill all duties that the coach required (which will be made known in advance).
3. SLHS athletes may qualify for "letter" awards. Criteria for lettering will be set by the coach and athletic director. The athlete will be informed of the criteria necessary for lettering by his/her coach. Please contact individual coaches with respect to questions.
4. SLHS will provide varsity letters in the following succession:
 - a. 1st time lettering the athlete will receive a letter and pin
 - b. 2nd –4th time lettering in the same sport, the athlete receives a bar
5. Scholar athlete patches are awarded to any junior or senior who has a cumulative GPA of at least 3.5 through his/her sophomore year. The scholar athlete award is a one-time award.

B. Letter Jackets

1. A Falcon letter jacket may be purchased and worn only **AFTER an athlete has earned a varsity letter.**
2. Varsity letters and other patches, pins, awards etc. earned while participating in SLHS athletics may **ONLY** be worn on an **official letter jacket.**
3. Approved letter jacket colors are as follows:
 - a. Boys' jacket may have a maroon body with navy blue or cream/off-white sleeves. The body of the jacket

may also be navy, but with cream/off white colored sleeves only

- b. Girls' jacket may have a maroon body or navy blue body with cream/blue hood. Girls may purchase a boy's jacket as outlined above. In addition, our young ladies may choose to purchase a letter sweater. Any other color jacket/sleeves will not be allowed to be worn.
- c. Students may put only first or last names on letter jackets. Nicknames need to be pre-approved by the administration. The school reserves the right to prohibit the wearing of jackets at school or school events if this rule is not followed.

AWARDS NIGHTS

A. Proper Attire

All students must dress appropriately for awards nights and/or banquets. Proper attire is required at all events honoring the student's accomplishments, whether in sports or for Academic Awards Night. Proper attire means dresses or nice slacks for the ladies and dress slacks and sport shirts for the gentlemen (ties are optional, unless requested by the coach). Students who arrive inappropriately dressed will be sent home to change clothes. (Awards night attire includes any awards ceremony and not just athletics)

B. Attendance

Awards nights are scheduled well in advance. Athletes are required to attend an awards night in order to receive their certificate and/or awards, just as they are required to attend a practice or game. Athletes unable to attend must contact their coach and/or athletics director. Exceptional cases are left to the discretion of the coach and/or athletics administrator.